



Kemble Primary School

17th September 2018

17th and 18th
September

Deer Park Open
Mornings 9.15am

18th September

'Supporting you to
support your child'
Parent / Staff
Conference 7pm
Kemble School Hall

20th September

School Photographer

20th September

Kemble Defibrillator
Fundraiser—Healthy
Snacks for sale

20th September

Kingshill Open evening
6.15pm

21st September—
World Peace Day

KS2 at Deer Park

26th September

Chestnut Class trip to
WW2 day at Steam
Museum

Our Vision—To have fun, do our very best and to look after everyone in a caring community.'

This Terms Assembly Theme is: RESPECT

Dear Parents and Carers,

SETTLING IN - It has been wonderful hearing all your lovely holiday and activity news - the children had a super summer and the weather helped no end! All the children have settled or are settling in very well. Once again our Year 6 buddy system has really helped the new reception children ease into the school routine and reassures them at playtimes and lunch times. This buddy will stay with the all year and sometimes even beyond when the Year 6 leave - we are so lucky to have such caring children.

WATER - Please can you make sure that your child has a water bottle (named please) so they can access water at any time during the school day to keep them hydrated. We do have jugs and cups in class for them to use if they do not have a water bottle (and these are washed through the dishwasher at the end of each week), but bottles are handy when they are learning outside - thank you.



BUMPS & BRUISES - We are very lucky to have exciting spaces for the children to play at break and lunchtimes and the field too. When the children play, they do occasionally fall over or have scrapes and bumps. Children need to build up a resilience to these type of small scrapes and we ask parents if they can talk to

to their children about bodies mending and that things hurt when they happen and then the hurt fades. Explain to them that skin will heal up and blood will stop quite quickly.

At school, staff are trained in first aid and will deal with any incident following policy and procedures based on the NHS guidance for schools. If a child has a head bump - we record this and your child will come home with a wrist band to indicate that they have had a bump (we find that stickers can fall off). If it is a serious bump or incident, we will fill in an accident form that you will have a copy of and you will be phoned. If we feel that a hospital visit is needed, you will be phoned immediately or if you are not contactable, then we will phone the emergency numbers you have given us and ask them to take your child to hospital. Sometimes if no one is available, staff will attend with a child.

RESILIENCE INFORMATION EVENING - Please remember our fabulous evening tomorrow which is a very important topic for all parents. Knowing how to encourage resilience in children is something we all need to be able to do and having an opportunity to hear from leading speakers will mean we can do the very best for our children. We look forward to seeing you in Kemble School Hall 7:00pm on Tuesday 18th September.

HEADS of SCHOOL - Mrs Hamlett at Siddington and Mrs Armstrong at Kemble are available daily for any concerns or questions you might have about your children. Even the smallest worries can be shared to reassure. If your head about any worries on the playground - do please come and tell us so things can be sorted quickly - thank you.



CONCERNS ABOUT BULLYING - Please remember that it is very important that any disrespectful acts, or bullying of any kind is reported as soon as possible. The first action is to speak to a class teacher or fill out a form from our behaviour management / anti-bullying policy - available in the school office or online. Teachers will act on any information straight away and the sooner it is reported the better - even if it is a concern. If the teacher feels it is something that needs to be dealt with at a higher level, then they will report to Mrs Hamlett or Mrs Armstrong. We really want to make sure that things are dealt with swiftly, so please work with us to make sure children are happy at school - thank you.



MINDFULNESS - In order to support our children's mental health and wellbeing we will be introducing mindfulness sessions in every class after half term. These sessions will not only support individual's emotional and mental wellbeing, helping with emotional self-regulation,

MINDFULNESS cont....

but also support learning particularly increasing the ability to pay sustained attention.

Mindful children:

- are better able to focus and concentrate
- experience increased calm
- experience decreased stress and anxiety
- experience improved impulse control
- have increased self-awareness
 - find skilful ways to respond to difficult emotions
 - are empathetic and understanding of others
- have natural conflict resolution skills.

These sessions will be a mix of breathing techniques, yoga and mindfulness sessions. You may wish to explore yourself some of the resources we will be using as they are equally useful to adults and all can be found as apps or websites.

Smiling Mind www.smilingmind.com.au

Headspace www.headspace.com/meditation/kids

Yoga- Cosmickids www.cosmickids.com

We are really looking forward to starting these sessions and sharing the impact on the children's wellbeing in the New Year. Please do not hesitate to see your class teacher or Mrs Morrugh-Ryan (PSHCE Lead) for further discussion.

CASHLESS SCHOOL - As you will be aware, we have been working on parental requests and advice from government to make sure that payments can be made electronically. This has gone very well and we thank everyone for adapting to this safe and quick method of payment that will make things easier for everyone. If you still have not logged on to parent pay, please let the office know as this can be done by PC or by phone and the office staff will help you.

CLUBS - We are pleased to offer a good range of clubs for your children again this year and we thank everyone who is running a club, giving up their time. If your child cannot make a club session please let the club runner or the office know and please make sure you pick up promptly as staff and parent club runners often have commitments afterwards - thank you.

SCHOOL PHOTOGRAPHER

Just a reminder that the school photographer is coming in on Thursday 20th September to take individual and sibling photos.

SEPTEMBER BIRTHDAYS

Louis, Flora, Olivia S, Ben W, Emma, Ben R, Taya, Scarlette,
Hayden, Angel,

